



7:37



Shannon Arbogast ▶ **PCHS
Warrior Soccer**



🛡️ **Admin** · 27 mins · 🗨️

**Practice has been been
cancelled due to the
weather.**

 **Like**

 **Comment**

Pocahontas County High School
271 Warrior Way
Dunmore, WV 24934
304-766-6565



**Pocahontas County High School
Photo Permission OPT Out Form**

Throughout the year, PCHS students participate in activities, events or projects in which we want to showcase the students. The students may be photographed or videotaped in order to do this.

Please fill this form out ONLY if you DO NOT want your child's picture used!

Please return by October 22, 2019. If we do not receive this form back by that date, we will assume your child can be photographed.

Student Name: _____

Homeroom Teacher: _____

Grade: _____

In school displays - including but not limited to: bulletin boards, class-made books, or student multimedia projects; students may be identified by first and last name.

School Facebook Page - including but not limited to main pages, class pages, or special events taking place at school or outside of school. Students may be identified at times by first name only.

Parent
Signature: _____

Date: _____

Yeti Raffle:

3 Chances to WIN!!

For PCHS Junior Class \$5 for 1 or \$20 for 5

3 drawings on 10/31/19

Items:

1st - White Yeti cooler

2nd - 2 20 oz. cups (purple & black)

3rd - Yeti lunch bag

Winners will be contacted through given information.

NAME: _____

PHONE #: _____

SELLER: _____





Pink out

Friday

Oct 25, 2019

Wear your pink to support Breast Cancer Awareness and help your class win the 1st battle of the classes.



Supporting the *fighters*
Admiring the *Survivors*
Honoring the *taken*
and never, ever giving up
hope

Pocahontas County HS Letterman Jacket Order Form



Starter Package

\$199

Vinyl Sleeves

School name and mascot on back (Chenille)
Name and year date embroidered on front
Vinyl trimmed pockets

Varsity Package

\$249

Leather Sleeves

School name and mascot on back (Chenille)
Name and year date embroidered on front
Leather trimmed pockets

Sizing Chart

X-Small (30-32) 2X-Large (50-52)
Small (34-36) 3X-Large (54-56)
Medium (38-40) 4X-Large (58-60)
Large (42-44) 5X-Large (62-64)
X-Large (46-48) 4X or 5X Add \$40

Jacket Personalization:

Jacket Size _____
Name (Front) _____
Grad Year _____
Add School Letter (Add \$20)

Jacket Add-On Options:

Sport / Activity Back Bottom (Add \$ 25) _____
Left Sleeve Patch (Add \$15 each) _____
Right Sleeve Patch (Add \$15 each) _____

*** Write in Sport or Activity. They'll pick patch at order table.

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Cell: _____
Email: _____

Jacket Price:	
Add-On:	
S/H:	\$9.95
Subtotal:	
Add 6% Tax:	
Total:	
Amount Paid:	
Balance Due:	

Cash	Check	Visa	M/C	Discover	AMEX
Card Number: _____					
Exp Date: ____ / ____			Code on Back: _____		
Amount Paid: _____			Check #: _____		

** Minimum \$150 deposit or paid in full to Order. November 1st is deadline for guaranteed Pre-Christmas delivery.

** Jackets take approximately 6 weeks for delivery. Jackets are non-refundable because of personalization.

Mail jacket order forms to: Jostens Po Box 920 Scott Depot, WV 25560 (681)235-3138



Venezuela



Sonia Erazo - Mathematician



Bolivia



Dominican Republic



Peru



Isabelle Allende - Writer



Chile



Carlos Vives - Singer



Ecuador



Panama



Shakira - Singer



Colombia



Evelyn Cisneros - Ballerina



Costa Rica



Roberto Clemente - Athlete



Uruguay



El Salvador



Oscar Pistorius - Athlete



Cuba



Shakira - Singer



Shakira - Singer



Guatemala



Mexico



Bill Richardson - Governor



Nancy Lopez - Athlete



Ellen Ochoa - Astronaut



Pat Mora - Author



Sonia Sotomayor - Judge



Puerto Rico



Nicaragua



Citrus Sale 2019

DOCX - 580 KB



Frontier FFA Annual Fruit Sale 2013

2019

Last Day of Sale: Friday, November 21, 2019

Fruit Delivered week of December 2, 2019

Pocahontas
FFA Fruit

Sale	Variety	Full Box Price	Half Box Price
Florida Navel Oranges		\$31	\$16
California Navel Oranges		35	18
California Mandarin Oranges (10# bag)			20
Grapefruit		30	16
Hamlin Oranges (Juice Oranges)		26	14
Red Delicious Apples (WV grown)		23	12
Gold Apples (WV grown)		23	12
Fuji Apples (WV grown)		23	12
Granny Smith Apples (WV Grown)		23	12
Trios (navel/grft/red del)		25	
Mixed (navel/grft)			15
Fruit Basket			20
Pears (Anjou, 45 ct., tissue wrapped)			27
Summer Sausage Regular			5
Summer Sausage Jalapeno and Cheese			5

Checks made out to Pocahontas County FFA

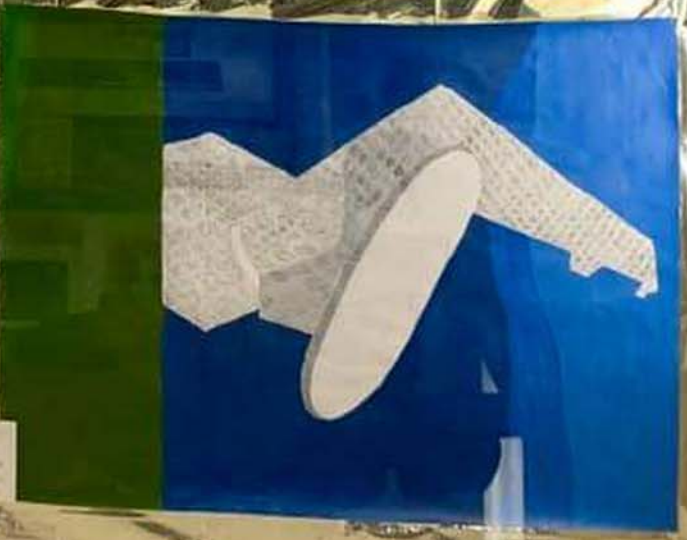
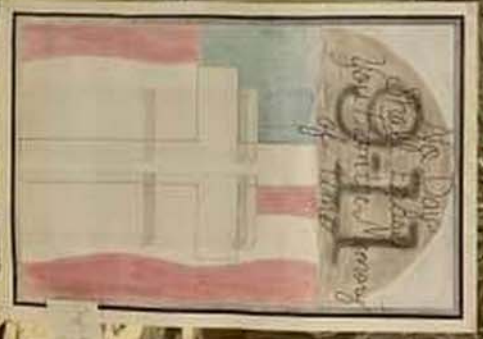
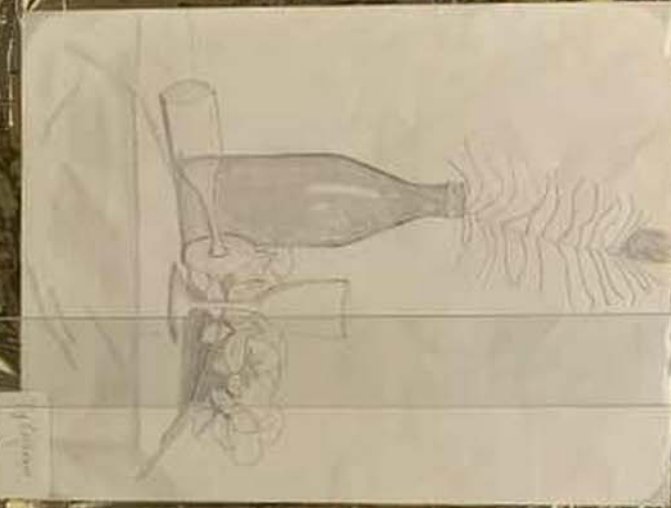
Citrus sold in 4/5 bushel boxes that weigh about 42 lbs.**Mandarin Oranges sold in 10# bags****Apples sold in bushel boxes that weigh 50 lbs.**

Citrus is US #1 grade Apples are Extra Fancy

Questions? Call us at **304-799-6564***FFA members get credits toward FFA educational trips for every box sold.*

Open Word







Anna Lee



Anna Lee



Tyler



Victoria Carter

Apollonia Gushkin



Anna Nelson



Ty Casanova



Lydia Johnson

Tracy Barrett





Victoria Carter

Apollonia Gushkin



Anna Nelson



Ty Casanova



Lydia Johnson

Tracy Barrett





OCTOBER

OCTOBER

2003
St. Anne's School
LABOUR

GRACE
GOD
MUSIC
WISDOM



Door Judging Dates and Themes

October 25th – Halloween/Fall

December 13th – Christmas/Winter

February 21st – Valentine's Day

April 24th – Spring/Summer

Dress up days for the year

October 25th – Pink Out

November 22nd – Red, White, and Blue

December 10th – Socks/Bling

December 11th – Red/Santa

December 12th – Green/Grinch

December 13th – Holiday Sweater

January 31st – College/ Pro

February 21st – Maroon and Gold

March 27th – Hawaiian

April 24th – Class Color

YOU'RE INVITED TO



THE Snow Ball

This is a formal dance for all students grades 9th – 12th

Tickets will be available for purchase during lunch starting NOVEMBER 4th

Ticket Prices: \$15 per person

**Saturday
December
14th**

**7-10pm at
Opera House**

**Pickett
Fence will
take pictures**





Run ✓ You can't
Forest
Run

DO-NUT
STOP





GO You Don't
Vote Got Give
NHS This UP!
Runners GO



YOUR FEET HURT
'CAUSE YOU'RE
KICKIN' BUTT!!















































POCAHONTAS COUNTY SCHOOLS
October Breakfast and Lunch Menu 2019
National School Lunch Week – October 14-18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	*Egg Omelet *Cereal *Fruit Beef Taco*** Tomato/Lettuce/Sour Cream Refried Beans*** Corn*** Fruit***	*French Toast *Cereal *Fruit Fish*** Diced Potatoes*** Broccoli*** Roll*** Fruit***	*Biscuit & Gravy *Cereal *Oranges Pizza*** Tossed Salad*** Corn*** Fresh Carrots*** Fruit***	*Breakfast Pizza *Cereal *Applesauce Popcorn Chicken*** Peas*** Macaroni & Cheese*** Fresh Spinach Salad*** Fruit***
2	8	2	10	11
*Pancake Sausage on a Stick *Cereal *Apple Turkey/Cheese Sub*** Lettuce/Tomato/Onion Pork-N-Beans*** Sweet Potato Fries*** Fruit***	*Homemade Cinnamon Roll *Cereal *Blueberries Sausage patty*** Eggs*** Hash Brown*** Biscuit*** Apple Crisp	*Apple Stick *Cereal *Craisins Meatloaf *** Mashed Potatoes*** Green Beans *** Roll*** Fruit ***	*Pretzel w/Cheese Sauce *Cereal *Fruit Chicken*** Caesar/Romaine Salad*** Quick Bake Potato*** Roll*** Fruit***	*Chocolate Chip Bar *Cereal *Orange Bacon Cheeseburger*** Lettuce/Tomato/Onion Ketchup/Mayo/Mustard Bun*** Broccoli*** French Fries*** Fruit***
14	15	16	17	18
*French Toast *Cereal *Fruit Chickent Sandwich*** Bun*** Tomato/Lettuce/Onion Ketchup/Mayo/Mustard Great Northern Beans*** Broccoli*** Fruit***	*Pop tart *Cereal *Fruit Salisbury Steak*** Mashed Potatoes*** Green Beans*** Roll*** Fruit***	Professional Learning Day No school for students	*Egg Omelet *Cereal *Fruit Chicken Tenders*** French Fries*** Baked Beans*** Roll*** Fruit***	*Bagel w/Cream Cheese *Cereal *Strawberry Cup Spaghetti w/Meat Sauce*** Romaine Tossed Salad*** Corn*** Roll*** Fruit ***
21	22	23	24	25
*Egg/Sausage Biscuit *Cereal *Orange Chicken Wrap*** Black Beans*** Salsa/Sour Cream Corn*** Peaches***	*Homemade Blueberry Square *Cereal *Fruit Chili*** Grilled Cheese Sandwich*** California Blend*** Fresh Carrots*** Fruit***	*Parfait/Smoothie *Cereal *Fruit Lasagna*** Romaine Salad*** Corn*** Garlic Bread*** Fruit***	*Breakfast Burrito *Cereal *Fruit Chicken*** Diced Potatos*** Fresh Carrets*** Birthday Cake Fruit***	*Apple Muffin *Cereal *Fruit Hot Dog*** Hot Dog Chili*** Bun*** Broccoli*** French Fries*** Fruit***
28	29	30	31	
*Pumpkin Bread *Cereal *Fruit Meatball Sub*** Glazed Carrots*** Macaroni Salad*** Fruit***	*Homemade Cinnamon Roll *Cereal *Fruit Sloppy Joe*** Baked Beans *** Homemade Coleslaw *** Tatar Tots*** Fresh Broccoli*** Fruit***	*Zucchini Bread *Cereal *Fruit Salisbury Steak*** Mashed Potatoes*** Green Beans*** Roll*** Fruit***	*Apple Stick *Cereal *Craisins Chicken Nuggets*** Fresh Carrots*** Oven Fries*** Breadstick*** Fresh/Mixed Fruit ***	

Students must take a *Fruit or Juice and two other items* for breakfast! Milk and Yogurt offered daily.
 Students must take a Fruit or Vegetable*** and two other items*** for lunch! Milk and fresh fruit offered daily.

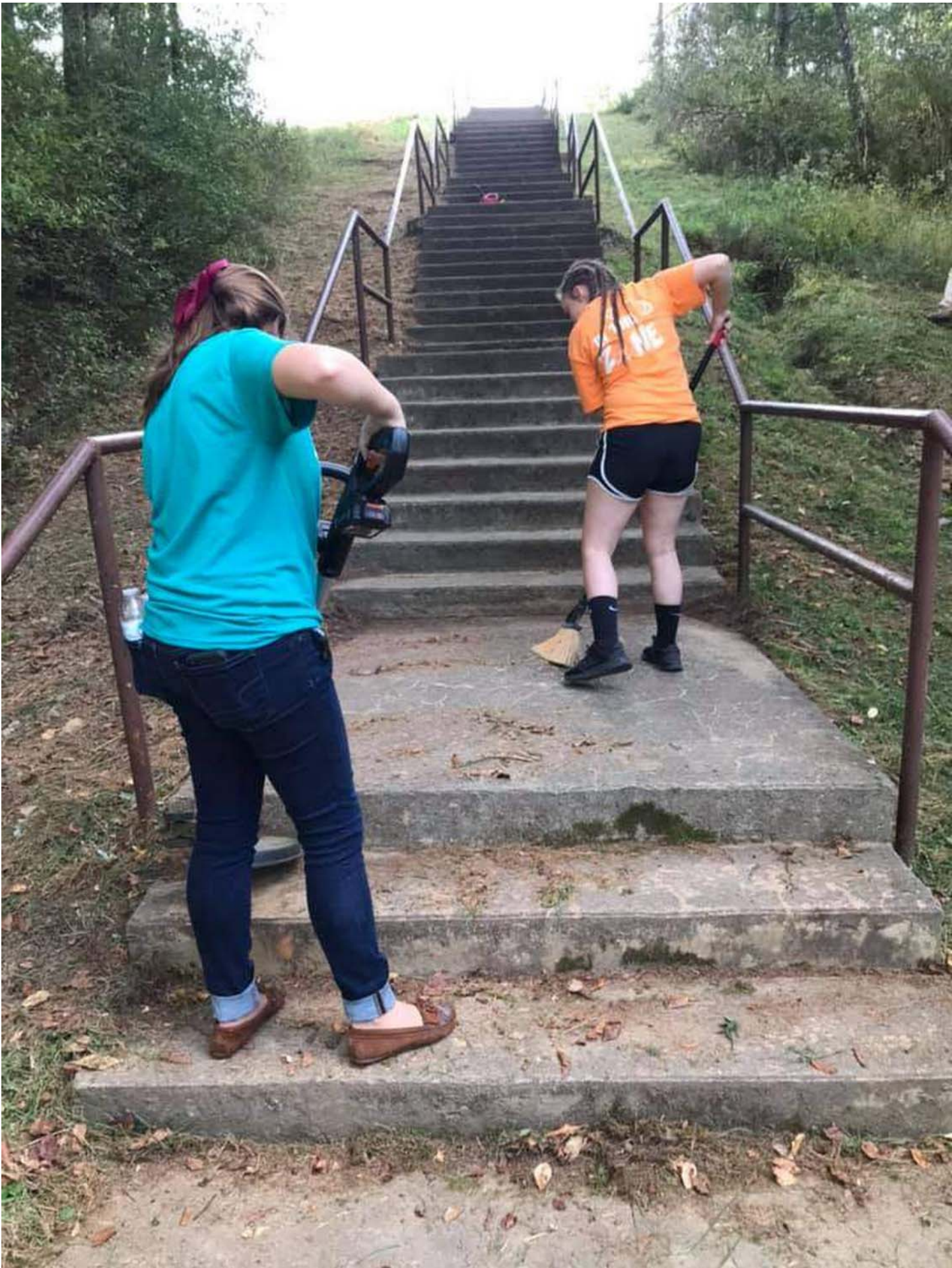


































































BONUS	PERIOD	BONUS
FOULS	PLAYER FOULS	FOULS
WON	MATCH	WON
RESTAURANT HOME COOKED MEALS CONVENIENCE STORE	DONATED BY THE <i>Ryder's</i> BOYER, WV.	AUTO SALVAGE NEW & USED PARTS WRECKER SERVICE

WARRIOR TERRIT





























